

Nobody
provides
a warmer
welcome

Advocate
Illinois Masonic
Birthing Services

It's never too early to learn the facts about your baby's birthplace.

Advocate Illinois Masonic Medical Center staff members will be happy to provide you with an in-depth look at our facilities and answer your questions.

Important numbers

- To schedule a tour, meet a physician, meet a midwife, or attend a birthing class, call: 1-800-3-ADVOCATE (1-800-3233-8622).
- After delivery, the Mother/Baby staff can be contacted at 773-296-5241.
- The lactation support staff can be contacted at 773-296-7765.
- The Advocate Illinois Masonic Medical Center general number is 773-975-1600.

Deliver your baby in comfort, surrounded by expertise.

Located in Chicago's Lakeview area, Advocate Illinois Masonic Medical Center delivers over 3,500 babies a year and has the highest levels of advanced care for your birthing needs including board certified obstetricians, perinatologists and neonatologists, state-of-the-art birthing suites, pain treatment options and all elements of high risk services such as 24-hour neonatology.

In fact, Advocate Illinois Masonic has the highest State designations as a Level III Perinatal Center with a high risk Level III neonatal intensive care unit.

Whether you are considered a high risk patient or expect a normal delivery but want the security of comprehensive care, Advocate Illinois Masonic is the best place for having your baby.

You want choices.

We let you have them.

Labor/Delivery/Recovery Rooms—Designed for your comfort and privacy. Labor/Delivery/Recovery Rooms (LDRs) are spacious and feature a comfortable bed, private bath, rocking or glider chair and television. Technical back-up, including fetal monitors and emergency equipment, is at your bedside if needed. Your LDR will be your private home for your labor and birth.

As the first center in Chicago to offer a true alternate birthing experience, Illinois Masonic has a long tradition of offering a family-centered environment. Today, that philosophy continues with a dedicated team of nurses, physicians and certified nurse midwives providing a strong focus on family and patient-directed values.

Special Requests—Customizing your birthing experience.

We make every effort to comply with special requests, providing they are practical and medically sound.

- Pain treatment. Pain specialists are available 24 hours to provide epidural treatments and other options.
- Rooming-in. Unless you or your baby require specialized care, your baby is with you throughout your hospital stay. This gives ample opportunity to get acquainted with your baby as well as time to practice caring for the little one.
- Personal instruction in breastfeeding, bathing and other issues is available.
- The Newborn Channel provides round-the-clock television programming designed for new parents and is available in English and Spanish.

Baby Advocate. All new moms receive *Baby Advocate* magazine for the first year after delivery and all healthy babies are enrolled in Baby Advocate, our own immunization reminder program recognized by the Centers for Disease Control and Prevention as a model program for improving childhood immunizations.

Need specialized care?

Rest assured we have the expertise and the technology.

Whether anticipated or unexpected, a more complicated birth often requires expertise and advanced equipment. We have both at Advocate Illinois Masonic Medical Center.

Fortunately, advancements in medicine have made pregnancies that may have been discouraged in the past a healthy reality—for both you and your baby.

Antenatal Resource Center. Prior to your due date, your physician may recommend the services of the Advocate Illinois Masonic Antenatal Resource Center (ARC). The ARC evaluates your special needs and anticipates potential problems. Here, high-risk moms can get ultrasounds, performed by a perinatologist—a specialized obstetrician—who can make an immediate diagnosis and set a timely course of treatment.



For you —
Assurance.

Facilities for High-Risk Deliveries.

During labor and delivery, our specially designed high-risk obstetrical suites are fully-equipped for high-risk deliveries, multiple births, cesarean sections and other procedures requiring more elaborate facilities to ensure that we continue the careful monitoring process begun during pregnancy.

The medical team easily expands to include experts in anesthesiology, perinatology and high-risk nursing who are ready to respond with the appropriate resources and treatment should complications arise.

Perinatal Surveillance Unit. This unit cares for high-risk pregnant patients who need hospitalization prior to delivery. It also cares for patients experiencing complications during delivery.

Level III Neonatal Intensive Care Unit. Many hospital nurseries offer various levels of specialized care for infants, but only a select few have Advocate Illinois Masonic Medical Center's credentials to provide the highest level of care. Our neonatologists, pediatric specialists, pediatricians and nurses are prepared to handle extremely difficult cases.

Illinois Masonic's Neonatal Intensive Care Unit offers parents 24-hour visiting hours.

For your baby —
Peace of mind

You have questions.

We have answers.

Educational programs take the mystery out of childbirth.

Healthy Pregnancy, Healthy Baby is a series of classes that cover all topics related to pregnancy, labor, delivery, postpartum and infant care. Expectant mothers and their partners are encouraged to attend. Please call 1-800-3-ADVOCATE (1-800-323-8622) for a schedule of classes or to register.

Conveniently located on Chicago's north side. Advocate Illinois Masonic is located at Halsted Street and Wellington Avenue in the heart of Chicago's north side with ample on-campus parking. Advocate Illinois Masonic is also convenient for public transit with the Wellington purple and brown line CTA train stops right on the campus and the Belmont CTA bus and train stops only a short walk away.

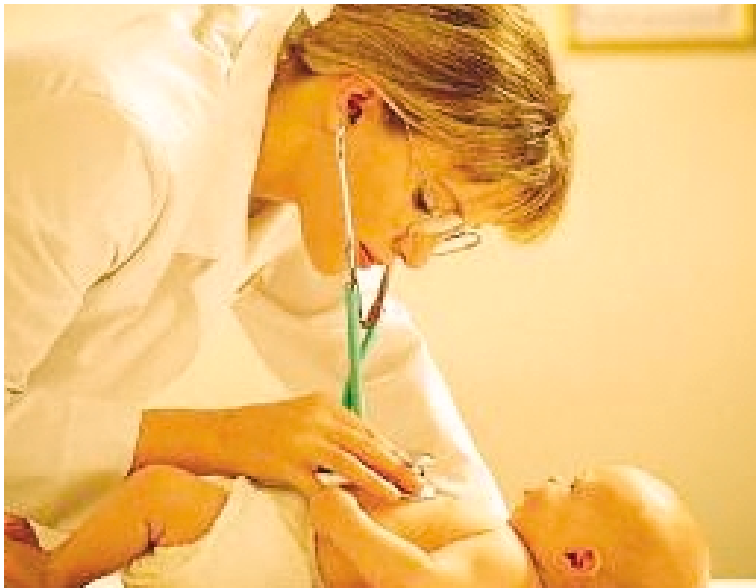


You have needs.

Our experienced staff is there.

Your choice of a birthing practitioner is an important one. As your pregnancy advances you should have complete trust and confidence in your physician or midwife.

Our doctors make history because they listen. Illinois Masonic doctors have a long tradition of advancements in virtually every area of medicine, especially in the area of women's health and obstetrics.

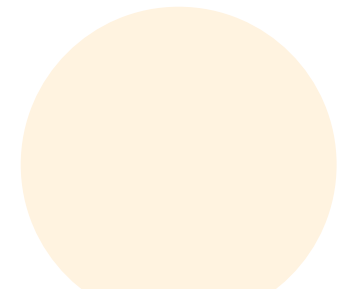


Physicians are board-certified in obstetrics and gynecology or family medicine and we also offer specialists in the fields of perinatology (high-risk obstetrics) and genetic counseling. Physicians have offices in a variety of locations and many are fluent in foreign languages.

We'll help find the right physician for you. Simply call 1-800-3-ADVOCATE (1-800-323-8622) or visit our Web site, www.advocatehealth.com/masonic, to receive the names and credentials of physicians meeting your needs.

Our certified nurse midwives—who work in collaboration with obstetricians—offer complete prenatal, labor, postpartum and well-gynecological care. They are specially trained to provide skilled care to mother and baby. However, should a medical need arise, nurse midwives will not hesitate to call on the assistance of a qualified physician. You can contact the Advocate Illinois Masonic Nurse Midwifery Services at 773-296-7032.

Our nurses build your confidence. The Maternity Services nursing staff is at the heart of your birthing experience. Specially trained nurses are a source of support and information throughout the birthing process.

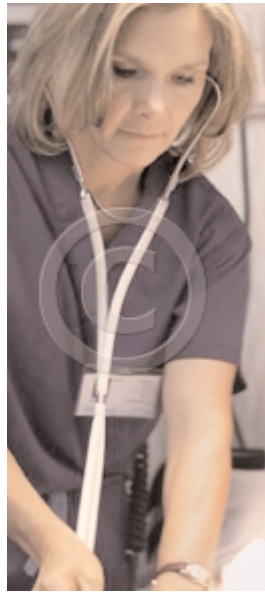


Choose Advocate Illinois Masonic Medical Center for your birthing experience.

- An outpatient Antenatal Resource Center performing ultrasounds and high risk testing by specially trained physicians and counselors during pregnancy that can provide an immediate diagnosis.
- A nurturing atmosphere that promotes family bonding.
- Your choice of birthing arrangements.
- A variety of board-certified physicians, specialists and midwives from which to choose.
- A nursing team responsive to the physical and emotional needs of mother and baby.
- Medical personnel who specialize in high-risk pregnancies.
- Technological resources to handle complicated procedures if they arise.
- An on-site neonatal intensive care unit so your new family isn't separated.
- Educational programs that take the mystery out of childbirth.
- A hospital that is conveniently located.

Where doctors make history.


Advocate Illinois Masonic Medical Center physicians have a long



tradition of advancements in virtually every area of medicine—including cardiology, cancer, emergency, trauma, obstetrics and neonatology. Over the 100 years of our history, we have come to be known and respected for offering many of the latest, most innovative treatments and procedures available to doctors and patients.

Located on the north side of Chicago, Illinois Masonic is part of Advocate Health Care, one of the leading integrated health care systems in the nation. With more than 200 sites of care in the Chicago area, including eight acute care hospitals,

two children's hospitals and three affiliated medical groups, Advocate is dedicated to listening and responding to the needs of the individuals and families it serves.

 **Advocate Illinois Masonic Medical Center**

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www.advocatehealth.com/masonic

Related to the Evangelical Lutheran Church in America and the United Church of Christ.

